



**VETERANS TIME TRIALS ASSOCIATION
(KENT GROUP)**

25 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Course Q25/3

Ham Street – Brenzett RAB – Cloverleaf RAB - Brenzett RAB - Johnsons Corner

Sunday 10 September 2023 at 07:00

START SHEET

Timekeepers:

Start: Christine Burrows – Thanet RC

Finish: Dave Abbotts – Gravesend CC

VTTA Awards - Veteran Riders

1 st on age adjusted time	£30
2 nd on age adjusted time	£20
3 rd on age adjusted time	£10
Fastest Road Bike on age adjusted time	£15
Fastest Male Vet on actual time	£15
Fastest Female Vet on actual time	£15
1 st Club Team of two on Age Standard	£10 each

VTTA Awards - Non-Veteran Riders

Fastest Male	£15
Fastest Female	£15

Please note only VTTA members are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for the vets' awards by joining the VTTA online before the date of the event at: vtta.org.uk and bringing proof of membership with you on the day.

VTTA EVENT SECRETARY: Robert Giles 91 Park Way, Coxheath, Maidstone, Kent. ME17 4EX
Mobile 07905 086613.

Email – robertgiles@icloud.com (VTTA)

COMPETITORS NOTES

Covid-19 is still around and the CTT still have some guidance in place as follows:

Competitors should not attend if they feel ill in ANY way especially if they, or family members have any CV19 symptoms.

An elevated resting heart rate, or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. Any competitor where the above is relevant should obtain a lateral flow test. Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

1. **ALL** riders wear recognised protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start.
3. Parking is **not permitted in the vicinity of the start** or at the finish.
4. The start is about 400yds from the event HQ, allow yourself at least 5 minutes to ride there.
5. Riders must not warm up on the course after the start.
6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. Numbers will be at the HQ and issued at signing on.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disqualification and disciplinary action may result from any breaches in these regulations.

EVENT HQ – Ham Street Sports Pavilion, Ham Street, Ashford, Kent TN26 2JH.

Post Code – TN26 2JH What3Words – misfits.headset.vacancies

SIGNING ON

Parking spaces are not allocated - please park as quickly and quietly as possible. Once parked, go to the pavilion, sign on and collect your race number. Changing facilities and toilets are available.

Turbo warmups are permitted within the Pavilion car park and grounds.

HQ TO THE START

Turn right out of the car park onto The Street, ride straight ahead for about 400yds where you will find the start.

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**. Failure to sign out **WILL result in DNF**.

RESULTS

Do not approach the timekeeper after finishing.

Results will be available on the day and will be published as soon as possible.

You are encouraged to stay for the prize giving.

COURSE DETAILS

Ham Street – Brenzett RAB – Cloverleaf RAB - Brenzett RAB - Johnsons Corner

START (TR 00373 32756) on minor road south out of Hamstreet towards the A2070 (Johnson's Corner) at a point 93 yards (85 metres) north of High Voltage power lines crossing the road at paint mark on road. Proceed to Johnson's Corner to join A2070 (0.66miles) (M) and **TURN** left towards Brenzett RAB. **TURN** at the Brenzett RAB(M) (4.03 mls) take the 4th exit and retrace northwards on the A2070, passing Johnson's Corner. Continue straight over Bridgefield RAB to Cloverleaf RAB (M) (13.07 mls). **TURN** at Cloverleaf RAB (M) taking the 4th exit and retrace southwards on A2070, straight over Bridgefield RAB to Brenzett RAB (22.04mls). **TURN** at the Brenzett RAB(M) for a second time taking the 4th exit and retrace northwards on the A2070. **FINISH** at field entrance approx. 0.37 miles south of Johnson's Corner on the A2070. (TR 00641 31379) (25 miles)

EVENT PHOTOS

Barry Adams of CC Bexley offered and will be present on the day to take photographs.

There is NO charge for these.

Please contact Barry on

Barr313@btinternet.com

In your email please put your start number, colour detail – clothing cycle and your club.

START LIST

	Name		Gen	Cat	Bike	Club	Vet Std	Start
5	Carol	Tsang	F	Vet	RB	Southboro' & Dist. Whs	01:13:40	07:05
6	Vernon	Thomas	M	Vet	TT	Greenwich Tritons TC	01:19:45	07:06
7	Andy	Burrows	M	Vet	TT	Thanet RC	01:20:31	07:07
8	Michael	Coulter	M	Vet	TT	Gravesend CC	01:17:04	07:08
9	Christopher	Bax	M	Vet	TT	BIKETHanet RC	01:14:52	07:09
10	Dave	Richards	M	Vet	RB	Abellio - SFA RT	01:06:32	07:10
11	Shay	Giles	M	Vet	TT	Thanet RC	01:19:02	07:11
12	Laurence	Toombs	M	Vet	TT	West Kent RC	01:10:51	07:12
13	NO	RIDER						07:13
14	Mark	Wright	M	Vet	TT	VTTA (Kent)	01:08:52	07:14
15	Michael	Philpot	M	Vet	TT	RN & RM CA	01:10:51	07:15
16	Rebecca	Wilson	F	Vet	TT	Rye & District Whs CC	01:16:37	07:16
17	Alex	Davison	M	Sen	TT	7Oaks Tri Club	-	07:17
18	Matt	Clark	M	Vet	TT	Ashford Whs	01:07:19	07:18
19	Mark	Cole	M	Vet	TT	Woolwich CC	01:08:10	07:19
20	Sebastian	Harrison	M	Vet	TT	Islington Cycling Club	01:06:00	07:20
21	Nick	Wilson	M	Vet	TT	Rye & District Whs CC	01:10:32	07:21
22	Mathew	Lister	M	Vet	TT	Thanet RC	01:06:22	07:22
23	John	McDonald	M	Vet	TT	trainSharp	01:09:56	07:23
24	Mark	Cain	M	Vet	RB	Abellio - SFA RT	01:07:19	07:24
25	Chris	Jones	M	Vet	TT	Bynea Cycling Club	01:07:43	07:25
26	Steve	Gooch	M	Vet	TT	Rye & District Whs CC	01:09:39	07:26
27	Paul	Burrows	M	Vet	RB	Thanet RC	01:07:07	07:27
28	James	Harris	M	Vet	TT	Catford CC Ltd	01:06:44	07:28
29	Andy	Robinson	M	Vet	TT	Ashford Whs	01:11:53	07:29
30	Sam	Fuller	M	Sen	TT	Southboro' & Dist. Whs	-	07:30
31	Paul	Smith	M	Vet	TT	VeloRefined Rule 5	01:08:10	07:31
32	Pete	Elms	M	Vet	TT	VC Deal	01:09:23	07:32
33	Alex	Milne	M	Vet	TT	Ashford Tri Club	01:06:22	07:33
34	David	Greenwood	M	Vet	TT	Rye & District Whs CC	01:09:56	07:34
35	Andrew	Meilak	M	Vet	TT	VeloRefined Rule 5	01:09:39	07:35
36	Martin	Kober	M	Vet	TT	Abellio - SFA RT	01:06:11	07:36
37	Mark	Hill	M	Vet	TT	VeloRefined Rule 5	01:09:23	07:37
38	Simon	Henderson	M	Vet	TT	Thanet RC	01:10:32	07:38
39	James	Harrison	M	Vet	TT	Hythe Cycling Club	01:06:00	07:39
40	Nicholas	Fennell	M	Sen	TT	Thanet RC	-	07:40